

## Medical Aid Rates for Psychologists – 2023

Medical Aid	Rate for Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 51-60min.
Bankmed	R1193.20
Bonitas	R1173.40
Discovery	R1135.60
Fedhealth	R1114.30
GEMS	R1191.50
KeyHealth	R1259.40
Medihelp	R1246.20
Momentum	R1131.00
Profmed	R1190.90

Please note:

- These rates apply to the NHRPL (National Health Reference Price List) Code: 86205
- The information contained in this document is a guide only. I cannot be held liable for any inaccuracies in the information. Please check with your medical aid.
- All tariffs are inclusive of VAT.
- The rates covered are dependent on your level of cover. Please check with your medical aid.
- Rates subject to change by your medical aid. Please check with your medical aid.
- Medical aids do not cover missed appointments or late cancellations.

### Why do Medical Aid Rates Differ?

Prior to 2010, National Health Reference Price List (NHRPL) dictated what mental health practitioners should charge for their services.

As a result of a High Court ruling in mid-2010, no further Price Lists were published, and practitioners set their own rates.

Every medical aid pays differing percentages of the now redundant NHRPL rate – e.g NHRPL (2010) plus 5% or NHRPL (2010) plus 100% etc.