

Medical Aid Rates for Psychologists – 2022

Medical Aid	Rate for Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 51-60min.
Bankmed	R1127.80
Bonitas	R1104.90
Discovery	R1073.30
Fedhealth	R1114.30
GEMS	R1119.80
KeyHealth	R1182.50
Medihelp	R1181.20
Momentum	R1074.00
Profmed	R1126.70

Please note:

- These rates apply to the NHRPL (National Health Reference Price List) Code: 86205
- The information contained in this document is a guide only. I cannot be held liable for any inaccuracies in the information. Please check with your medical aid.
- All tariffs are inclusive of VAT.
- The rates covered are dependent on your level of cover. Please check with your medical aid.
- Rates subject to change by your medical aid. Please check with your medical aid.
- Medical aids do not cover missed appointments or late cancellations.

Why do Medical Aid Rates Differ?

Prior to 2010, National Health Reference Price List (NHRPL) dictated what mental health practitioners should charge for their services.

As a result of a High Court ruling in mid-2010, no further Price Lists were published, and practitioners set their own rates.

Every medical aid pays differing percentages of the now redundant NHRPL rate – e.g NHRPL (2010) plus 5% or NHRPL (2010) plus 100% etc.